

August 2009 Activity Calendar for St. Andrews

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:15 Exercise 10:45 Sing-A-Long 2:00 It's Your Life 3:30 Bill-Piano-1st
2 10:15 Exercise 10:30 Dee-Guitar Music 2:00 Bunco 3:30 Pet Therapy-Sadie	3 10:15 Exercise 10:30 Dalby Boys 3:30 Bingo-1st	4 Cooking Groups 10:15 Exercise 2:00 All About Cats 3:30 Worship/Music With Dan G.	5 Music Groups 10:15 Exercise 10:30 Karaoke Sing-A-Long-1st 3:30 Men's Club	6 Art Groups 10:15 Yoga 1/2 10:30 Book Club w/Sue 2:00 Reminisce 3:30 Garden Club-1st	7 Aromatherapy Groups 10:15 Yoga 3/4 10:45 Story Telling 3:30 Kick Ball	8 10:15 Exercise 10:45 Puzzles 2:00 It's Your Life 3:30 Trivia Time
9 10:15 Exercise 10:30 Dee-Guitar Music 2:00 Craft-Butterfly 3:30 Pet Therapy-Sadie	10 10:15 Exercise 10:15 Holy Communion 10:45 Word Games 3:30 Bingo-1st	11 Cooking Groups 10:15 Exercise 10:30 Country Ride 2:00 All About Whales 3:30 Worship/Music	12 Music Groups 10:15 Exercise 10:30 Phil Hall Accordion Music 3:30 Volleyball	13 Art Groups 10:15 Yoga 1/2 10:30 Book Club w/Sue 2:00 Floor Checkers 3:30 Garden Club-1st	14 Hawaiian Day 10:15 Do the Hula 10:45 Hula Hoop/Snack 3:30 Beach Ball Toss 7:00 Tropical Movie	15 10:15 Exercise 10:45 Sing-A-Long 2:00 It's Your Life 3:30 Darts
16 10:15 Exercise 10:30 Summer/Rem. 2:00 Bunco 3:30 Pet Therapy-Sadie	17 10:15 Exercise 10:30 Dalby Boys 3:30 Bingo-1st	18 Cooking Groups 10:15 Exercise 2:00 All About Bears 3:30 Worship/Music With Dan G.	19 Music Groups 10:15 Exercise 10:30 Lonnie Music-3/4 3:30 Men's Club	20 Family Night 5pm 10:15 Yoga 1/2 10:30 Book Club w/Sue 2:00 Reminisce 3:30 Garden Club-1st	21 Aromatherapy 10:15 Yoga 3/4 10:45 Story Telling 3:00 August Birthdays	22 10:15 Exercise 10:45 Games 2:00 It's Your Life 3:30 Trivia Time
23 10:15 Exercise 10:45 Dee-Guitar Music 2:00 Craft-Flower 3:30 Pet Therapy-Sadie	24 10:15 Exercise 10:45 Word games 3:30 Bingo-1st	25 10:30 Outing: Dahlia Farm and Picnic 2:00 All About Wolves 3:30 Worship/Music	26 Music Groups 10:15 Exercise 10:30 Lonnie Music-1/2 3:30 Volleyball	27 Art Groups 10:30 Book Club w/Sue 12:10 Mass-Chapel 2:00 Floor Checkers 3:30 Garden Club-1st	28 Aromatherapy 10:15 Yoga 3/4 10:45 Story Telling 3:30 Happy Hour-1st	29 10:15 Exercise 10:45 Sing-A-Long 2:00 It's Your Life 3:30 Darts
30 10:15 Exercise 10:45 Vacations/ Rem. 2:00 Bunco 3:30 Pet Therapy-Sadie	31 10:15 Exercise 10:30 Gabriel-Accordion 3:30 Bingo-1st					