

September 2009 Activity Calendar for St. Andrews

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:45 Exercise 2:00 Floor Checkers 3:30 Worship/Music with Dan G.	2 9:45 Exercise 10:30 Karaoke Sing-A-Long-1st 3:30 Volleyball & Bowling-Mt Scott Kids	3 9:45 Exercise 10:30 Book Club w/Sue 2:00 Kick Ball 3:30 Garden Club-1st	4 9:45 Exercise 10:45 Travel Time 3:30 Sing-A-Long	5 9:45 Exercise 10:45 Games 2:00 It's Your Life 3:30 Trivia Time
6 9:45 Exercise 10:30 Dee-Guitar Music 2:00 Craft Project 3:00 Bible Study-2nd 3:30 Pet Therapy-Sadie	7 Labor Day 9:45 Exercise 10:15 Holy Communion 10:30 Dalby Boys 3:30 Bingo-1st	8 Cooking Groups 9:45 Yoga 1 10:30 Country Ride 2:00 All About Seals 3:30 Worship/Music with Dan G.	9 Music Groups 9:45 Exercise 9:45 Yoga 2 10:30 Phil Hall Accordion Music 3:30 Volleyball	10 Art Groups 9:45 Exercise 9:45 Yoga 3 10:30 Book Club w/Sue 2:00 Yahtzee 3:30 Garden Club-1st	11 Aromatherapy 9:45 Exercise 9:45 Yoga 4 10:45 Story Telling 3:30 Kick Ball	12 9:45 Exercise 10:45 Puzzles 2:00 It's Your Life 3:30 Bill-Piano-1st
13 9:45 Exercise 10:30 Dee-Guitar Music 2:00 Bunco 3:00 Bible Study-2nd 3:30 Pet Therapy-Sadie	14 9:45 Exercise 2:00 Travel Log 3:30 Bingo-1st	15 Cooking Groups 9:45 Exercise 9:45 Yoga 1 2:00 Floor Checkers 3:30 Worship/Music with Dan G.	16 Celebrate Mexico 9:45 Exercise 10:30 Lonnie Music-1/2 3:30 Piñata 7:00 Travel to Mexico	17 Art Groups 9:45 Exercise 9:45 Yoga 3 10:30 Book Club w/Sue 2:00 Kick Ball 3:30 Garden Club-1st	18 Aromatherapy 9:45 Exercise 9:45 Yoga 4 10:45 Travel Time 3:00 September Birthdays	19 9:45 Exercise 10:45 Sing-A-Long 2:00 It's Your Life 3:30 Darts
20 9:45 Exercise 10:30 Dee-Guitar Music 2:00 Craft Project 3:00 Bible Study-2nd 3:30 Pet Therapy-Sadie	21 9:45 Exercise 10:30 Dalby Boys 3:30 Bingo-1st	22 Cooking Groups 10:30 Outing: Portland Memory Garden 2:00 All About Baby Animals 3:30 Worship/Music	23 Music Groups 9:45 Yoga 2 10:30 Lonnie Music3/4 2:30 Mini Memory Walk and Ice Cream Social	24 Art Groups 9:45 Yoga 3 10:30 Book Club w/Sue 12:10 Mass-Chapel 2:00 Yathzee 3:30 Garden Club-1st	25 Aromatherapy 9:45 Exercise 9:45 Yoga 4 10:45 Story Telling 3:30 Happy Hour-1st	26 9:45 Exercise 10:45 Games 2:00 It's Your Life 3:30 Bowling
27 9:45 Exercise 10:45 Reminisce 2:00 Bunco 3:00 Bible Study-2nd 3:30 Pet Therapy-Sadie	28 9:45 Exercise 10:30 Gabriel-Accordion 3:30 Bingo-1st	29 9:45 Exercise 2:00 Floor Checkers 3:30 Worship/Music with Dan G.	30 9:45 Exercise 10:30 Lonnie Music-1/2 3:30 Men's Club 3:30 Ladies Bingo			